

PDX WYE



SERVING MIND, BODY, & SPIRIT IN THE CITY

DESIGN TEAM



SHAPIRO / DIDWAY
LANDSCAPE ARCHITECTURE

PDX WYE

PDX WYE is a public health infrastructure focused on mind, body and spirit, for at risk and low-income people in the Portland metro area. Between racial tensions, a global pandemic, and economic insecurities, the realities we are facing in our daily lives remind us that self-care is crucial for our physical, emotional and mental well-being. Re-purposed MAX cars can become spaces to host services that create interconnected destinations. Each WYE represents a different type of experience to rejuvenate mind, body, and spirit. PDX WYE offers opportunities to reflect, de-stress, and retreat while making space for growth and reflection.

ICON IN THE CITY

According to the Metro 2018 Urban Growth Report, three quarters of new homes in Portland are being built in existing urban areas. Each car is boldly colored to represent the services provided, in turn, becoming an icon within the metro as a public health infrastructure. Colors were selected to pay homage to TriMet's history, calling back to the original Blue, Green, and Yellow lines.

LOCATION OPPORTUNITIES

There are currently between 2,150-2,530 net buildable acres of commercial and residential and mixed use vacant land inside Portland's metro area (Urban Growth Report). PDX WYE can be implemented in these infill locations in any number or form, distributed as an individual mind, body, or spirit unit, or as a collective group in the WYE format, as prototyped.

ADAPTABLE CONFIGURATIONS



- Classes
- Training
- Counseling
- Mental Health
- Group Discussions
- Interview Training
- Training
- Library
- Wi-fi



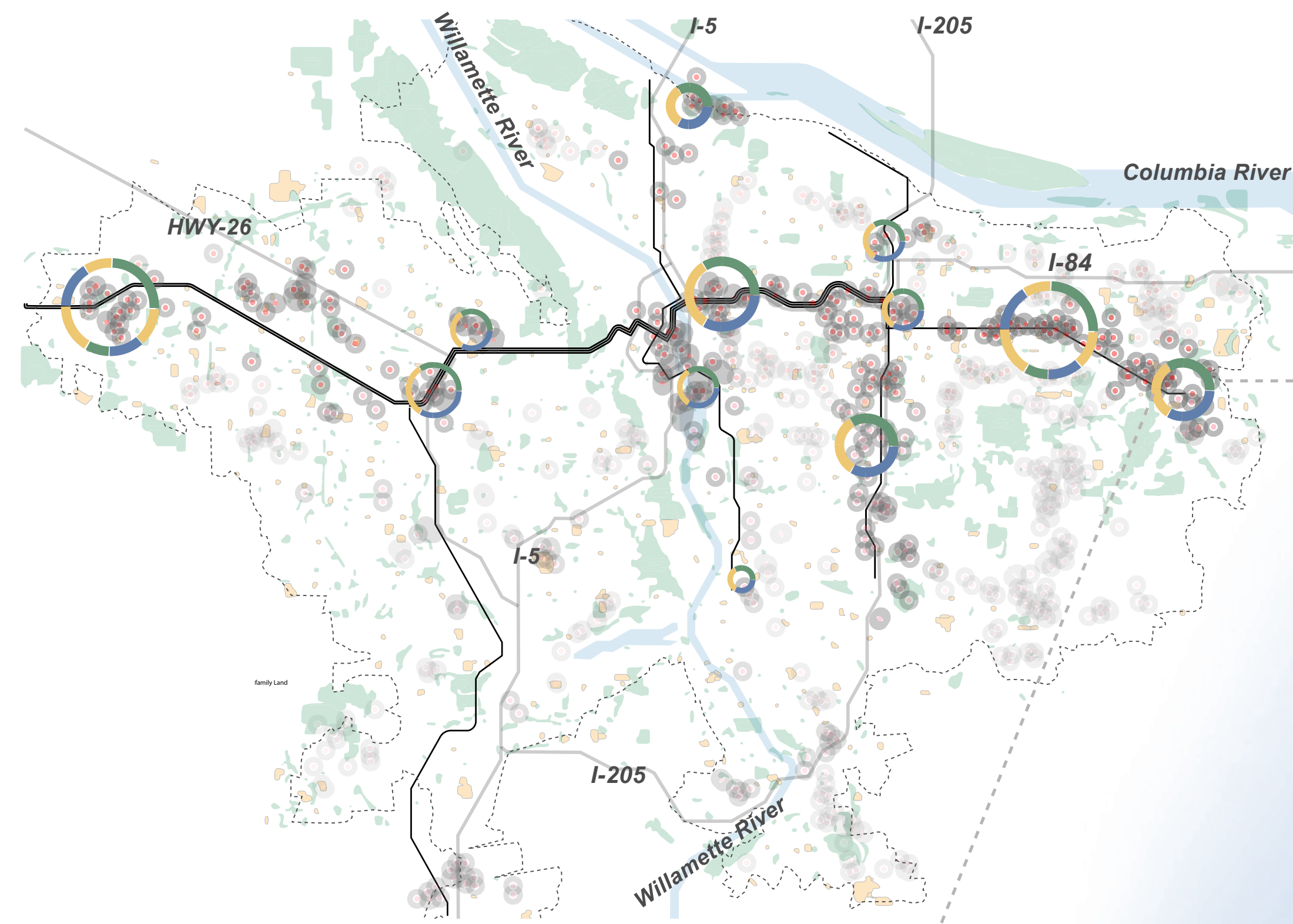
- Grooming
- Healthcare
- Dental care
- Restrooms
- Showers
- Women's Health
- Exercise / Yoga
- EMT



- Art Classes
- Music Classes
- Gardening Beds
- Volunteering
- Meditation

GUIDING VALUES:

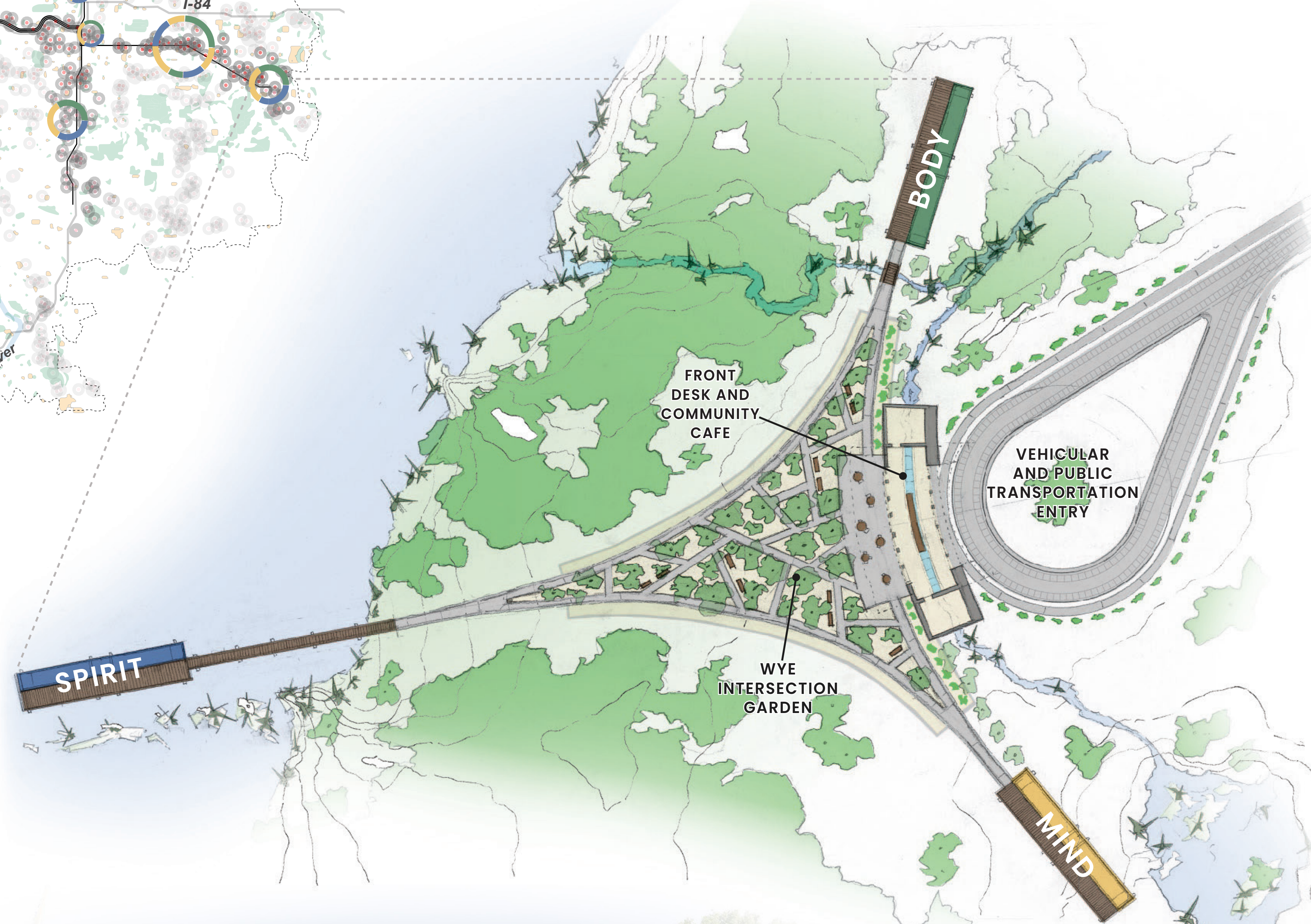
- ACCESS
- ADAPTABILITY
- FLEXIBILITY
- SCALABILITY
- EQUITY
- INCLUSION
- HEALTH
- SELF-CARE
- HOPE



- Open Space
- Community Space
- Vacant Mixed-Use / Multifamily Land
- Urban Growth Boundary
- Current MAX Routes
- Potential WYE Location

HOLISTIC WELLNESS

Mind, body, spirit, is our interpretation and approach to holistic wellness. These core ideas are rooted in ancient medicine, modern researchers are now providing evidence that these ancient beliefs are a true benefit to mental and physical health. Our approach hopes to provide wellness resources to everyone in our community.



WYE SITE PLAN

The site plan is based on the form of the railroad wye. A junction between three rails allows the ability to travel in either direction creating three unique destinations. The central space between the three points is an opportunity for community space and shared resources - where mind, body and spirit intersect.

